

2013 SUMMER/FALL GUIDE

*Online Registration will begin
on May 15, 2013*



FRANKLIN COUNTY
PARKS & RECREATION

2150 Sontag Road, Rocky Mount, VA

540-483-9293

www.franklincountyva.gov/parks

Photo provided by
Desiree Bennett



STAFF



Director of Parks & Recreation	Paul Chapman	540-483-9293	paulchapman@franklincountyva.org
Recreation Programs Manager	Marcia Cramblitt	540-483-9293 ext. 3	mcramblitt@franklincountyva.org
Youth Programs Coordinator	Nikki Custer	540-483-9293 ext. 7	nikkicuster@franklincountyva.org
Games Official Coordinator	Terry Miller	540-420-5991	terrymiller1962@yahoo.com
Park Systems Manager	Bobby Pruitt	540-483-9293 ext 4	bobbypruitt@franklincountyva.org
Parks Superintendent	Danny Chitwood	540-483-9293 ext 6	danchitwood@franklincountyva.org
Maintenance Worker	Bill Mason	540-483-8024	
Maintenance Worker	Ricky Martin	540-483-9293	
Administrative Coordinator	Sarah Holley	540-483-9293 ext 5	sholley@franklincountyva.org

RECREATION ADVISORY COMMISSION MEMBERS

Blackwater District	Al Flora	540-420-6569	owllcatflo@gmail.com
Blue Ridge District	Gary Holden	540-365-3343	gholden@ferrum.edu
Boone District	Richard Arrington	540-420-1555	armor1@centurylink.net
Gills Creek District	Reba Dillon	540-721-1669	rsd@netzero.com
Rocky Mount District	Kay Saleeby	540-483-1678	kaysaleeby@hotmail.com
Snow Creek District	Freeman Witcher	540-483-8653	fwitcher@b2xonline.com
Union Hall District	Brenda Perdue	540-719-0799	perduecrew@embarqmail.com
At Large Member	Jessica Gawor	540-871-9595	shelterisland69@hotmail.com

2013 Smith Mountain Lake Community Park Beach



OPEN
10:00am - 6:00pm

May 24-June 9	Weekends Only
June 13-August 11	Everyday
August 12-September 2	Weekends Only

\$2.00 Per Person
Ages 3 & under - FREE

DRIVING DIRECTIONS:

Log onto <http://www.franklincountyva.gov/parks/sml-beach>

ATHLETICS

***NEW* WEATHERFORD PERFORMANCE TRAINING**

Improve your performance and gain a competitive advantage by enhancing your athletic potential through sports specific speed and agility training. Speed classes focus on making the athlete a more explosive athlete. Visit www.weatherfordperformance.com for additional information on qualifications of the instructor. Come get trained by a former Virginia Tech Running Back and Pro Sports Performance Coach!

Ages: 8-18
Time: 11:00am-Noon
Cost: \$20.00 per session
Dates: Wednesday, June 19, 2013
Wednesday, June 26, 2013
Wednesday, July 10, 2013
Wednesday, July 17, 2013
Wednesday, July 24, 2013
Location: Dudley Elementary School Baseball Field
Reg. Deadline: One Week Prior To Class
Instructor: Carlton Weatherford, 434-251-1095

YOUTH BOYS LACROSSE- Ages as of August 31, 2013

Ages: 7-14
Cost: \$20 Non-Refundable Registration Fee* plus \$60.00 League Fee
Season: September-October
Registration: Forms can be found online at www.franklincountylax.com. Those interested can register by email: fcldclub@gmail.com, by phone at 540-797-3534 or by mail at P.O. Box 937 Hardy, VA 24101. Checks should be made payable to FC Lacrosse Club.

The Franklin County Lacrosse Club Inc. is a non-profit organization dedicated to organizing, developing and promoting the sport of lacrosse in Franklin County and surrounding areas.

For More Information: fcldclub@gmail.com or 540-797-0255

**There is a non-refundable \$20 registration fee per fiscal year (2013-2014). This registration fee is charged only once per July 1, 2013- June 30, 2014.*

SANDLOT FOOTBALL CHEERLEADING- Age as of September 30, 2013

Ages: 6-13
Cost: \$20.00 Non-Refundable Annual Registration Fee* plus \$40 per cheerleader or \$80 for 2 or more cheerleaders per family
Registration Dates: Saturday, May 18th 9:00am-11:00am
Thursday, May 23rd 6:00pm-7:30pm
Saturday, June 1st 9:00am-11:00am
Thursday, June 6th 6:00pm-7:30pm
Tuesday, June 18th 6:00pm-7:30pm
Location of Registration: Commonwealth Building (uptown Rocky Mount)
For More Information: Becky Yopp, Sandlot Cheerleading Coordinator, 540-493-4334

**There is a non-refundable \$20 registration fee per fiscal year (2012-2013). This registration fee is charged only once per July 1, 2012- June 30, 2013.*

SANDLOT FOOTBALL- Age as of September 30, 2013

Ages: 6-12
Cost: \$20.00 Non-Refundable Annual Registration Fee* plus \$60 per child or \$120 for 2 or more children per family
Registration Dates: Saturday, May 18th 9:00am-11:00am
Thursday, May 23rd 6:00pm-7:30pm
Saturday, June 1st 9:00am-11:00am
Thursday, June 6th 6:00pm-7:30pm
Tuesday, June 18th 6:00pm-7:30pm
Location of Registration: Commonwealth Building (uptown Rocky Mount)
For More Information: Blaine Compton, Sandlot Football President, 540-493-6498.

**There is a non-refundable \$20 registration fee per fiscal year (2012-2013). This registration fee is charged only once per July 1, 2012- June 30, 2013.*

HERSHEY TRACK & FIELD COMPETITION- Age as of December 31, 2013

Date: Thursday, May 23, 2013 (Rain Date will be May 30th)
Time: 6:30pm-9:00pm
Ages: 9-14
Cost: FREE
Location: Franklin County High School Track Field
Reg. Deadline: Online at www.franklincountyva.gov/parks till Tuesday, May 21, 2013
Day of registration from 6:00pm-6:20pm
For More Information: mcrablitt@franklincountyva.org or 540-483-9293

Come give your running, jumping and throwing skills a try. Ribbons will be awarded to the top three in each age division and winners may have a chance to advance to the District Meet on June 1st at 10am at Patrick Henry High School. No cleats or sandals allowed.

YOUTH CO-ED FALL SOCCER- Age as of October 1, 2013

Register online at www.franklincountyva.gov/parks

Leagues: Instructional 4-5
Modified 6-7
Minor 8-9
Major 10-11
Junior 12-13
Senior 14-18
18 year olds are eligible if they have not yet graduated high school
Cost: \$20 Non-Refundable Registration Fee*
Reg. Deadline: Thursday, August 1, 2013
Late Fee: After August 1st there is an additional \$15.00 late fee
Final Late Reg. Deadline: Friday, August 30, 2013
Season: August-November

Teams are formed based on age and school districts. Coaches will meet mid August to receive rosters/ equipment and choose practice times. Practices will begin in late August. Games will begin in mid September. The game schedule is 8 weeks long with 2 weeks reserved at the end for makeup games if needed. Games for these leagues are played at Waid Park and the Franklin County Recreation Park. If you are interested in coaching please contact Nikki Custer, Youth Programs Coordinator.

For More Information: nikkicuster@franklincountyva.org or 540-483-9293

**There is a non-refundable \$20 registration fee per fiscal year (2013-2014). This registration fee is charged only once per July 1, 2013- June 30, 2014. Any registrations received after Thursday, August 1, 2013 will be charged an additional non-refundable \$15.00 late fee. No registrations will be accepted after Friday, August 30, 2013.*





KIDS DRIVE, PITCH & PUTT COMPETITION- Age as of July 25, 2013

Come give your golf skills a try as we complete three stations which involve chipping, putting and driving golf balls. A scoring system will be used to determine winners and the top three in each age division will receive an award. Lunch will be provided to those who register. Door prizes will be drawn for those who participate. Please bring your own golf clubs and balls.

Date: Tuesday, July 23, 2013
 Time: 10:00am-1:00pm
 Ages: 4-17
 Cost: \$10.00 per golfer
 Location: Westlake Golf & Country Club
 Reg. Deadline: Tuesday, July 16, 2013
 For More Information: mcramblitt@franklincountyva.org or 540-483-9293

ADULT CO-ED SOFTBALL LEAGUE- Age as of August 9, 2013

This is a self officiated league that will play on Sunday afternoons and is geared toward fun and socialization. Game balls will be provided. Register online or obtain a roster from www.franklincountyva.gov/parks. Gather your players and get your team registered today. For more information please call Marcia Cramblitt at 540-483-9293 or contact her by email at mcramblitt@franklincountyva.org

Ages: 15 & up
 Cost: \$100.00 per team
 Location: Franklin County Parks & Recreation Field #1
 Reg. Deadline: Friday, August 9, 2013



YOUTH SUMMER TENNIS LESSONS- (6 weeks) Age as of June 11, 2013

These lessons are perfect for improving children's coordination, agility and fitness. The basics of court positioning, proper tennis strokes and learning the scoring system will be taught. This is a great lifetime sport for your child to learn.

Ages: 6-8 6:00pm-6:45pm
 9-12 7:00pm-8:00pm
 Cost: \$60.00
 Dates: Tuesday's, June 11-July 16, 2013
 Location: Franklin County Parks & Recreation Tennis Courts
 Reg. Deadline: Tuesday, June 4, 2013
 Instructor: Pete Hofsteter, 540-797-5253

YOUTH FALL BASEBALL- Age as of May 1, 2014

Register online at www.franklincountyva.gov/parks

Ages:	5-6	Coch Pitch League
	7-8	Instructional League
	9-10	Minor League
	11-12	Major League
	13-14	Junior League
Cost:	\$20 Non-Refundable Registration Fee*	
Reg. Deadline:	Thursday, August 1, 2013	
Late Fee:	After August 1st there is an additional \$15.00 late fee	
Season:	August-October 2013	
Final Late Reg. Deadline:	Friday, August 16, 2013	

Teams are formed based on age and school districts. Coaches will meet the beginning of August to receive rosters/equipment and choose practice times. Practices will begin in mid August. Games will begin in late August. These leagues typically play games at the Franklin County Recreation Park, Larc Field & Waid Park. If you are interested in coaching please contact Terry Miller, Franklin County Baseball Inc. President at 540-420-5991.

For More Information:	Ages 5-6	Ed Peterson @ 540-420-1701
	Ages 7-8	Terry Miller @ 540-420-5991
	Ages 9-10	Harry Townsend @ 540-484-3050
	Ages 11-12	Mark Turner @ 540-521-5442
	Ages 13-14	Elbert Powell @ 540-483-0301

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ADULT SUMMER TENNIS LESSONS - (6 weeks) Age as of June 13, 2013

Tennis challenges you to improve, to hit your strokes, develop your strategy and to become a more efficient and effective player. Come learn from a previous USTA Hardcourt Champion and master this lifetime sport. Adults will be matched according to their ability.

Ages: 13 & up
 Cost: \$60.00
 Time: 6:30pm-7:30pm
 Dates: Thursday's, June 13-July 25, 2013
 No class on July 4th
 Location: Franklin County Parks & Recreation Tennis Courts
 Reg. Deadline: Thursday, June 6, 2013
 Instructor: Pete Hofsteter, 540-797-5253

REGISTER ONLINE AT
www.franklincountyva.gov/parks

CAMPS

GIRLS BASKETBALL CAMP- Grade as of 2012-2013 School Year

The first 100 girls to register will fill this camp. Campers will receive instruction in basketball fundamentals, offense, defense and team play in a manner that is age appropriate. Instructors include members of the Franklin County High School coaching staff, as well as, current and former players. Get signed up today to freshen up on your basketball skills.

Grades: K-8th
Cost: Opptional \$10.00 for camp t-shirt (bring money on 1st night of camp)
Dates: June 17-20, 2013
Time: 6:00pm-8:30pm
Location: Franklin County High School Central Gym
Coordinator: Anne Crutchfield, anne.crutchfield@frco.k12.va.us

PRE-SCHOOL BALLET CAMP- Age as of July 29, 2013

Through movement, songs, games and rhymes, children not only flex their muscles as they gain strength and endurance, but they challenge themselves emotionally and cognitively as well. In this camp your child will learn the basics of beginning ballet along with songs, rhythm exercises, coordination games and movement. Wear comfortable clothing and shoes. There will be show and tell on Friday evening for families.

Ages: 4-5
Cost: \$50.00
Dates: July 29-August 2, 2013
Time: 9:00am-10:00am
Location: Franklin County Parks & Recreation Small Shelter
Registration Deadline: Monday, July 22, 2013
Instructor: Avery Ardis, 615-574-5936

BALLET CAMP- Age as of July 29, 2013

Ballet is a form of dance that relies heavily on physical strength and agility, strong concentration skills, an understanding of music and rhythm and a love of movement. Instruction in ballet can provide numerous benefits for children of all ages, regardless of their skill level. Dancers will be also be doing crafts, playing games and learning ballet. Requirements for camp are ballet shoes and a solid colored leotard with no skirt. Please bring to the first class on oversized white t-shirt to be decorated for a Friday night performance for parents.

Ages: 6-9
Cost: \$50.00
Dates: July 29-August 2, 2013
Time: 10:30am-12:30pm
Location: Franklin County Parks & Recreation Small Shelter
Registration Deadline: Monday, July 22, 2013
Instructor: Avery Ardis, 615-574-5936

DUDLEY ART CAMP- Age as of June 24, 2013

Because there is not just one right way to make art, every child can feel pride in his or her original artistic creations. Join us as we all know that arts build confidence.

Ages: 5-12
Cost: \$50.00
Dates: Monday-Thursday, June 24-27, 2013
Time: 9:00am-Noon
Location: Dudley Elementary School
Registration Deadline: Monday, June 17, 2013
Instructor: Melissa Allen, 540-493-2151

BOYS BASKETBALL CAMP- Grade as of 2012-2013 School Year

Registration for this camp will be taken on Monday, July 8, 2013. All boys will receive a free camp t-shirt and awards will be given in various skills competitions throughout the week. Get signed up today to freshen up on your basketball skills.

Grades: 3rd-8th
Cost: \$40.00
Dates: July 8-11, 2013
Time: 9:00am-Noon
Location: Franklin County High School Ramsey Hall Gym
Information: Sandy Coblenz, 540-483-0221

WAID ART CAMP- Age as of July 22, 2013

Because there is not just one right way to make art, every child can feel pride in his or her original artistic creations. Join us as we all know that arts build confidence.

Ages: 5-12
Cost: \$50.00
Dates: July 22-26, 2012
Time: 9:00am-Noon
Location: Studio in the Park @ Waid Park
Registration Deadline: Monday, July 15, 2013
Instructor: Melissa Allen, 540-493-2151

ACADEMY MORNING SOCCER CAMP- Age as of July 15, 2013

Pre-registration is required for this camp. All boys and girls will receive a free camp t-shirt and need to wear shin guards and cleats daily. Water will be provided. Get signed up today to freshen up on your soccer skills.

Ages: 5-12
Cost: \$70.00
Dates: Monday, July 15-18, 2013
Time: 9:00am-Noon
Registration Deadline: Monday, July 8, 2013
Location: Benjamin Franklin Middle School
Coordinator: Bradley Lang, Bradley.Lang@frco.k12.va.us

ACADEMY CO-ED EVENING SOCCER CAMP- Age as of July 29, 2013

Pre-registration is required for this camp. All boys and girls will receive a free camp t-shirt and need to wear shin guards and cleats daily. Water will be provided. Get signed up today to freshen up on your soccer skills.

Ages: 5-12
Cost: \$50.00
Dates: Monday, July 29- August 1, 2013
Time: 5:30pm-7:30pm
Registration Deadline: Monday, July 22, 2013
Location: Waid Park
Coordinator: Bradley Lang, Bradley.Lang@frco.k12.va.us



ARTS

SUMMER PINT SIZE PICASSOS CLASSES (6 weeks) Age as of June 3, 2013

Introducing art to children has a number of benefits ranging from improving creativity to increasing self confidence. This summer come draw, color, paint, create collages and much more. All materials will be provided just bring your creativity.

Ages: 5-8
Cost: \$30.00
Dates: Monday's, June 3-July 8, 2013
Time: 6:00pm-6:45pm
Location: Studio in the Park @ Waid Park
Registration Deadline: Monday, May 27, 2013
Instructor: Melissa Allen, 540-493-2151

SUMMER YOUNG ARTIST CLASSES (6 weeks) Age as of June 3, 2013

Art can help develop a child's creativity, imagination, cognitive skills, problem-solving abilities, fine motor skills, and much more. This summer let your imagination guide you in creating sculptures, paintings, collages, drawings and more! All materials will be provided just bring your creativity.

Ages: 9-12
Cost: \$30.00
Dates: Monday's, June 3-July 8, 2013
Time: 7:00pm-8:00pm
Location: Studio in the Park @ Waid Park
Registration Deadline: Monday, May 27, 2013
Instructor: Melissa Allen, 540-493-2151

TAPE IT AND MAKE IT DUCT TAPE WORKSHOPS- Age as of June 3, 2013

Children love the craziness of making items out of duct tape. Come learn how to make wallets, flowers, jewelry, crafts, decorations and much more!

Ages: 5 & up
Cost: \$10.00 per workshop
Dates: Friday, May 31, 2013
Friday, June 14, 2013
Friday, July 19, 2013
Friday, August 9, 2013
Time: 6:00pm-8:00pm
Location: Studio in the Park @ Waid Park
Registration Deadline: One Week Prior to Workshop
Instructor: Melissa Allen, 540-493-2151



LIFE SKILLS

INTRODUCTION TO CAMERA TECHNIQUES WORKSHOP

This is a great class to take if you are interested in learning how to take better pictures with any type of camera. We'll discuss rules of composition, basic use of natural and artificial light, exposure, lens effects and how to make your images sharper. Portraits, landscapes, and action pictures will be covered. Please bring your camera and owner's manual with you to the workshop.

Ages: 15 & up
Cost: \$20.00
Date: Thursday, June 13, 2013
Time: 6:00pm-8:00pm
Location: The Franklin Center
Registration Deadline: Monday, June 10, 2013
Instructor: Wills Holland, 540-312-4585

MOVING BEYOND PROGRAM MODES CAMERA WORKSHOP

Are you interested in doing more with photography than just using your DSLR as an expensive point-and-shoot? If you are ready to take your photography to another level and learn the foundations to making creative images, this workshop is for you. We'll discuss the relationship between shutter speed, aperture, ISO, and exposure modifications and how they affect your pictures. We'll talk about metering and focusing and camera techniques for more creative images. Lastly we'll introduce the concept of a digital negative, and much like film, discuss the concept of making a digital negative. If you're thinking of taking a college photography class, or you're going on that big photography vacation, or you'd simply like to become a better photographer, this class is a great way to start. Please bring your camera and owner's manual with you to the workshop.

Ages: 15 & up
Cost: \$20.00
Date: Thursday, June 27, 2013
Time: 6:00pm-8:00pm
Location: The Franklin Center
Registration Deadline: Monday, June 24, 2013
Instructor: Wills Holland, 540-312-4585

COMPUTER BASICS FOR BEGINNERS CLASSES (3 weeks)

This course will introduce you to a computer's basic features and will show how to make them work for you. Learn basic computer terminology, mouse operation, creating and saving files and internet options. Each student will have a computer to use in class. Feel free to bring your own laptop if you have one.

Ages: 15 & up
Cost: \$30.00
Dates: Tuesday's, June 11, 18, 25, 2013
Time: 6:30pm-8:00pm
Location: The Franklin Center
Registration Deadline: Thursday, June 6, 2013
Instructor: Jacob Dill, 540-483-7770

MICROSOFT OFFICE FOR BEGINNERS CLASSES (3 weeks)

This course will teach you how to create and edit documents; as well as, explore Excel and PowerPoint. Each student will have a computer to use in class.

Ages: 15 & up
Cost: \$30.00
Dates: Thursday's, July 11, 18, 25, 2013
Time: 6:30pm-8:00pm
Location: The Franklin Center
Registration Deadline: Monday, July 8, 2013
Instructor: Jacob Dill, 540-483-7770

REGISTER ONLINE AT
www.franklincountyva.gov/parks

LIFE SKILLS

BEGINNING SEWINGS CLASSES (6 weeks)

If you've always wanted to learn to sew or are looking to refresh your sewing skills then this exciting class is for you. Techniques, terminology, hand sewing, pattern reading and much more will be covered in this six week course. Students will use the knowledge gained from this class to make a pair of pillowcases, a draw string bag and envelope pillow cover. You must bring your own portable sewing machine, accessories and manual to class. Supply list is given at the first class.

Ages: 18 & up
Cost: \$40.00
Dates: Thursday's, June 6-July 18, 2013
No class on July 4th
Time: 6:00pm-8:00pm
Location: The Franklin Center
Registration Deadline: Monday, June 3, 2013
Instructor: Norma Silvius, 540-521-8496

LEARN TO KNIT CLASSES

Learn the only two stitches you need to make any knitted project, knit and purl. By the end of class you will have the skills you need to venture out into the wide world of knitting, as well as a fabulous spa-cloth to use or give away! **CHOOSE 1 CLASS!**

Cost: \$25.00+ supplies
Dates: Saturday, May 4, 2013
Saturday, June 1, 2013
Saturday, July 6, 2013
Saturday, August 3, 2013
Time: 2:00pm-4:00pm
Location: The Crooked Stitch
Registration Deadline: One Week Prior To Class
Instructor: Whitney Harmon, 540-420-7129

SOCK KNITTING CLASSES (3 weeks)

Sh! Don't tell anyone, but socks are EASY! Bring your basic knitting skills back to The Crooked Stitch and we will help you bring it up a notch! In three easy classes you will learn everything you need to know to create any type of knitted sock. Class includes basic pattern reading skills; as well as, a basic sock pattern personalized for your foot or the foot of a loved one! **CHOOSE 1 SERIES OF CLASSES!**

Cost: \$40.00+supplies
Dates: Tuesday's, May 14, 21, 28, 2013
Tuesday's, June 11, 18, 25, 2013
Tuesday's, July 9, 16, 23, 2013
Tuesday's, August 13, 20, 27, 2013
Time: 6:00pm-8:00pm
Location: The Crooked Stitch
Registration Deadline: One Week Prior To Class
Instructor: Whitney Harmon, 540-420-7129

BASIC QUILTING CLASSES

Quilting is a time honored skill that has been reinvented for the 21st Century! Easy and fun, quilting is a craft enjoyed by men and women of all ages. Come and let us show you how to create a beautiful and useful table runner that will teach you all the skills needed for traditional piecing. Must bring your own working portable sewing machine. All materials will be available at the Crooked Stitch. **CHOOSE 1 CLASS!**

Cost: \$40.00+supplies
Dates: Saturday's, May 11th & 25th from 2pm-4pm
Wednesday's, June 5th & 19th from 5pm-7pm
Wednesday's, August 7th & 21st from 5pm-7pm
Location: The Crooked Stitch
Registration Deadline: One Week Prior To Class
Instructor: Whitney Harmon, 540-420-7129

***NEW* SUMMER SWEATERS CLASSES (3 weeks)**

Learn to knit a sleeveless summer sweater and master the basics of sweater knitting. Cotton blend yarns in worsted weight work wonderfully with an open and airy pattern perfect for layering with skirts and shorts to show off your knitting even in the warmest of months. Working with a custom pattern and a battery of skills you will complete a sleeveless sweater over the 3 week class. Must have working knowledge of knitting, how to knit and purl and increase and decrease. Kits will be available for the class. **CHOOSE 1 CLASS!**

Cost: \$60.00+supplies
Dates: Friday's, June 14, 21, 28, 2013
Wednesday's, August 14, 21, 28, 2013
Time: 6:00pm-8:00pm
Location: The Crooked Stitch
Registration Deadline: One Week Prior To Class
Instructor: Whitney Harmon, 540-420-7129



***NEW* STAPLE DRESS CLASSES (3 weeks)**

Simple dress, multiple. Learn French seams, bias binding and elastic sheering. Must have basic knowledge of your sewing machine and be able to bring it to the class. Must purchase PDF pattern from aprilrhodes.blogspot.com and bring to the first class. Supply list available upon registration. **CHOOSE 1 CLASS!**

Cost: \$40.00+supplies
Dates: Thursday, June 6th from 5pm-6pm and
Wednesday's, June 12th & 26th from 5pm-7pm
OR
Thursday, August 8th from 5pm-6pm and
Wednesday's, August 14th & 28th from 5pm-7pm
Location: The Crooked Stitch
Registration Deadline: One Week Prior To Class
Instructor: Whitney Harmon, 540-420-7129

***NEW* DOG OBEDIENCE CLASSES - (6 weeks)**

Dogs are social animals and without proper training they will behave like animals. Obedience training doesn't solve all behavior problems, but it is the foundation for solving just about any problem. Training opens up a line of communication between you and your dog. Effective communication is necessary to instruct your dog about what you want her to do. Obedience training is also an easy way to establish the social hierarchy. When your dog obeys a simple request of 'come here, sit,' she is showing compliance and respect for you. Come learn the basic skills needed to make your dog obedient.

Ages: Handlers at least age 9 & dogs 12 weeks or older
Cost: \$60.00
Date: Monday's, June 3-July 15, 2013
No Class on June 17th
Time: 7:00pm-8:00pm
Location: Franklin County Parks & Recreation Large Shelter
Registration Deadline: Wednesday, May 29, 2013
Instructor: Sue Puffenbarger, 540-493-7471

WELLNESS

ZUMBA CLASSES (5 weeks) Age as of May 20, 2013

Zumba is a style of intense dance aerobics workout with pulsating Latin music. Get lost in the music and dancing while making exercise fun. This class focuses on dance steps and ab work while dancing. It's Hot and it is Latin so come join us! You choose your fitness plan!

Ages: 13 & up
 Cost: \$30.00 per 5 week session
 Dates: Monday's, May 20th-June 17th, 2013
 OR
 Monday's, June 24th-July 22nd, 2013
 Time: 6:00pm-7:00pm
 Location: Rocky Mount American Legion Building
 Registration Deadline: One Week Prior to Start of Class
 Instructor: Megan Sawyers, 540-493-3652

Ages: 13 & up
 Cost: \$50.00 per 10 week session
 Dates: Monday's, May 20th-July 22nd, 2013
 Time: 6:00pm-7:00pm
 Location: Rocky Mount American Legion Building
 Registration Deadline: Wednesday, May 15, 2013
 Instructor: Megan Sawyers, 540-493-3652

YOGA CLASSES (5 weeks) Age as of May 20, 2013

Beginners and intermediates will benefit from increased flexibility, balance and better posture. Wear comfortable clothes and bring a yoga mat to class.

Ages: 18 & up
 Cost: \$30.00 per 5 week session
 Dates: Tuesday's, May 21st-June 18th, 2013
 OR
 Tuesday's, June 25th-July 23rd, 2013
 Time: 6:00pm-7:00pm
 Location: Rocky Mount Train Depot
 Registration Deadline: One Week Prior to Start of Class
 Instructor: Norma Silvius, 540-521-8496

Ages: 18 & up
 Cost: \$50.00 per 10 week session
 Dates: Tuesday's, May 21st-July 23rd, 2013
 Time: 6:00pm-7:00pm
 Location: Rocky Mount Train Depot
 Registration Deadline: Monday, May 13, 2013
 Instructor: Norma Silvius, 540-521-8496

Ages: 18 & up
 Cost: \$30.00 per 5 week session
 Dates: Thursday's, May 23rd-June 20th, 2013
 OR
 Thursday's, June 27th-July 25th, 2013
 Time: 1:00pm-2:00pm
 Location: Rocky Mount Train Depot
 Registration Deadline: One Week Prior to Start of Class
 Instructor: Norma Silvius, 540-521-8496

Ages: 18 & up
 Cost: \$50.00 per 10 week session
 Dates: Thursday's, May 23rd-July 25th, 2013
 Time: 1:00pm-2:00pm
 Location: Rocky Mount Train Depot
 Registration Deadline: Monday, May 13, 2013
 Instructor: Norma Silvius, 540-521-8496

***NEW* BEGINNER BATON CLASSES (6 weeks)**

Build your child's self esteem and join us as we learn the basics of baton twirling. The sport of baton teaches rhythm, coordination, leadership, self discipline and perseverance. Baton also provides physical, mental and emotional benefits. Students will gain new friendships, overcome shyness or awkwardness and reduce fears associated with performing in front of an audience. Parents will have the opportunity to enjoy a performance on the last class.

Ages: 4-6
 Cost: \$30.00 (plus \$30 baton cost to be purchased from the instructor)
 Dates: Monday's, June 3-July 8, 2013
 Time: 5:30pm-6:00pm
 Location: Rocky Mount Elementary School Gym
 Registration Deadline: Monday, May 27, 2013
 Instructor: Belinda Mitchell, 276-340-9149

***NEW* BEGINNER BATON CLASSES (6 weeks)**

Build your child's self esteem and join us as we learn the basics of baton twirling. The sport of baton teaches rhythm, coordination, leadership, self discipline and perseverance. Baton also provides physical, mental and emotional benefits. Students will gain new friendships, overcome shyness or awkwardness and reduce fears associated with performing in front of an audience. Parents will have the opportunity to enjoy a performance on the last class.

Ages: 7-9
 Cost: \$40.00 (plus \$30 baton cost to be purchased from the instructor)
 Dates: Monday's, June 3-July 8, 2013
 Time: 6:15pm-7:00pm
 Location: Rocky Mount Elementary School Gym
 Registration Deadline: Monday, May 27, 2013
 Instructor: Belinda Mitchell, 276-340-9149

***NEW* BEGINNER BATON CLASSES (6 weeks)**

Build your child's self esteem and join us as we learn the basics of baton twirling. The sport of baton teaches rhythm, coordination, leadership, self discipline and perseverance. Baton also provides physical, mental and emotional benefits. Students will gain new friendships, overcome shyness or awkwardness and reduce fears associated with performing in front of an audience. Parents will have the opportunity to enjoy a performance on the last class.

Ages: 10-12
 Cost: \$50.00 (plus \$30 baton cost to be purchased from the instructor)
 Dates: Monday's, June 3-July 8, 2013
 Time: 7:15pm-8:15pm
 Location: Rocky Mount Elementary School Gym
 Registration Deadline: Monday, May 27, 2013
 Instructor: Belinda Mitchell, 276-340-9149

***NEW* FAMILIES EXPLORING THE OUTDOORS**

Get your family signed up for this fun filled day of exploring the outdoors. Families will be introduced to archery, canoeing, kayaking, riflery, fishing, nature exploration, ecology, swimming, climbing, tennis and other fun outdoor adventures. Cost includes a picnic lunch, cookout dinner, pool party and the finale will be a movie on the "Big Screen" at Movies @ the AMP. Families will receive a concessions voucher for families for popcorn and drinks. Don't miss this opportunity to spend time with the ones you love.

Ages: 5 & UP
 Cost: \$25.00 per person or families of 4 or more \$20.00 per person
 Date: Saturday, August 31, 2013
 Time: 9:00am-7:00pm
 Location: W.E. Skelton 4-H Educational Center
 Registration Deadline: Friday, August 16, 2013
 Information: Jessie Tyson, 540-721-2759 ext. 254

REGISTER ONLINE AT
www.franklincountyva.gov/parks

SCIENCE

WITH MISS "JET"

Jeanette Lawler (Miss "Jet") holds a Bachelor of Science degree in Environmental Science and has over 17 years experience teaching children. For 12 years she worked as an educator with the Science Museum of Western Virginia in Roanoke. Other experience includes positions with Wellington Children's Academy, W.E. Skelton 4-H Educational Center, Virginia Museum of Natural History, Virginia's Explore Park, Mill Mountain Zoo and the Virginia State Parks.

CREEPY CRAWLIES

What is the difference between an insect and a spider? Do you like to catch fireflies in the summer? Then this is the class for you! Some are creepy, some are silly but all have their own special place in the world. Learn about different bugs and what makes them unique!

Ages: 6-12
Cost: \$13.00 per student
Date: Saturday, May 11, 2013
Time: 11:00am-Noon
Location: Studio in the Park @ Waid Park
Registration Deadline: Wednesday, May 8, 2013
Instructor: Jeanette Lawler, 540-334-2546

CAN YOU DIG IT?

Become a junior "paleontologist"! Find out fascinating facts about fossils and discover how scientists dig for dinosaur bones and other fossils.

Ages: 6-12
Cost: \$13.00 per student
Date: Saturday, May 18, 2013
Time: 11:00am-Noon
Location: Studio in the Park @ Waid Park
Registration Deadline: Wednesday, May 15, 2013
Instructor: Jeanette Lawler, 540-334-2546

ROCK HOUNDS

Rocks tell the story of our Earth's history. What is the difference between a rock and a mineral? How do rocks form? Discover what lies beneath our feet and start your own rock collection!

Ages: 6-12
Cost: \$13.00 per student
Date: Saturday, June 1, 2013
Time: 11:00am-Noon
Location: Studio in the Park @ Waid Park
Registration Deadline: Wednesday, May 29, 2013
Instructor: Jeanette Lawler, 540-334-2546

DIGGIN DINOSAURS

Carnivores versus herbivores: what did dinosaurs eat? What was the largest dinosaur? Where did baby dinos come from? Discover interesting dino facts and join us for a "dino-dig"!

Ages: 6-12
Cost: \$13.00 per student
Date: Saturday, June 8, 2013
Time: 11:00am-Noon
Location: Studio in the Park @ Waid Park
Registration Deadline: Wednesday, June 5, 2013
Instructor: Jeanette Lawler, 540-334-2546



SPECIAL EVENTS

MONTHLY CORNHOLE TOURNAMENTS

These are double elimination style tournaments and 1st-3rd place finishers will receive an award. Those who register will be entered into a door prize drawing. There is a special award for those who do not compete so well in the tournaments.

Divisions: Adult Singles & Adult Doubles (bring your partner)
 Cost: \$5.00 per player
 Dates: Friday, May, 10, 2013 @ Franklin County Parks & Recreation Large Shelter
 Friday, June 21, 2013 @ Franklin County Parks & Recreation Large Shelter
 Tuesday, July 19, 2013 @ Franklin County Parks & Recreation Large Shelter
 Friday, August, 16, 2013 @ Franklin County Parks & Recreation Large Shelter
 Time: Registration 5:45pm-6:15pm
 Tournament begins at 6:30pm



THE RAMBLE WEEKEND-BLACKWATER BLACKOUT

If you dare to register for this event you will never forget it! Travel down the Blackwater River in the dark for 3 miles with only one light per boat and your life jacket. Join in on the food and music prior to your float. PFD's must be worn. Log onto www.franklincountyva.gov/parks to pre-register.

Ages: ALL
 Cost: \$15.00 per person (if you register for all Ramble Weekend events \$40.00)
 12 & under FREE
 Date: Friday, May 17, 2013
 Time: 5:00pm-7:30pm Registration/Music/Food
 7:30pm-11:00pm Float
 Location: Cooper Wood Bridge

THE RAMBLE WEEKEND-PIGG RIVER RAMBLE

Would you like to race or float down the Pigg River? If so, bring your floating device and join us for the 8 mile float. Registration fee includes t-shirt and meal. Awards will be presented to those who finish in the top three per race categories. Pre-registration is recommended. PFD's must be worn. Log onto www.franklincountyva.gov/parks to pre-register.

Ages: ALL
 Cost: \$20.00 (if you register for all Ramble Weekend events \$40.00)
 12 & under FREE
 Date: Saturday, May 18, 2013
 Time: 7:00am-9:15am Registration/Check in
 10:00am Mandatory Safety Briefing
 10:30am Racers Begin
 11:20am Floaters Begin
 Location: Waid Park

THE RAMBLE WEEKEND-BREAKFAST ON THE BLACKWATER

Do you enjoy floating down a river? If so, this is the float that you do not want to miss. Start your morning off with a catered breakfast, cooked riverside, by the Hub Restaurant and followed by a quiet gentle 3 mile float down the Blackwater River. Pre-registration is mandatory. PFD's must be worn. Log onto www.franklincountyva.gov/parks to pre-register.

Ages: ALL
 Cost: \$15.00 (if you register for all Ramble Weekend events \$40.00)
 12 & under FREE
 Date: Sunday, May 19, 2013
 Time: 8:30am-9:30am Breakfast/Check In
 9:45am Mandatory Safety Briefing
 10:00am Float Begins
 Location: Cooper Wood Bridge

FAMILY BINGO NIGHT

Come take your chance at winning some awesome prizes as we play twenty games of bingo. Only one card per player and concessions will be available.

Ages: All
 Cost: \$1.00 per card
 Dates: Friday, June 7, 2013
 Time: 6:30pm-8:30pm
 Location: Rocky Mount Elementary School Cafeteria

10th ANNUAL SOUTHWEST VIRGINIA ANTIQUES FARM DAYS

Antique tractors, engines, woodturning, blacksmithing, antique tools and working demonstrations are what makes this festival. On Saturday there will be an Antique Tractor Pull and Crosscut & Chainsaw Competition. Kids games will be held on Saturday from 10am-Noon and at Noon a watermelon eating contest will begin. Sunday there will be a Cornhole Tournament and Lawnmower Pull. Visit www.swapf.org for additional information.

Ages: ALL
 Cost: \$5.00 per person
 12 & under FREE
 Date: June 14-16, 2013
 Time: 8:00am gates open
 Location: Franklin County Recreation Park

2nd ANNUAL SMITH MOUNTAIN LAKE PADDLEBOARD RACE

Get your paddleboards ready for this awesome race! If you like to paddle you need to come and try this course on Smith Mountain Lake. The public will get to try paddle boarding from 10:30am-1:00pm.

Ages: ALL
 Date: Saturday, June 29, 2013
 Time: 9:00am Race Begins
 10:30am-1:00pm Spectators can try the sport
 Location: Smith Mountain Lake Community Park
 Contact: Pat Matheny, 540-389-8602 or backcountryrski@verizon.net

4TH OF JULY INDEPENDENCE FESTIVAL

Come join us on Wednesday, July 3, 2013 as we celebrate with music, fireworks, food and many activities. Kids activities will be held under the Parks & Recreation tent.

Ages: All
 Date: Wednesday, July 3, 2013
 Time: 6:00pm-dark
 Location: Franklin County High School Football Stadium

SONTAG OPEN DISC GOLF TOURNAMENT

Contact Jeff Peters at jpeters@uttermost.com to find out about this awesome tournament.

Date: July 6-7, 2013
 Location: Franklin County Parks & Recreation Disc Golf Course

COMMONWEALTH GAMES DISC GOLF TOURNAMENT

Contact Jeff Peters at jpeters@uttermost.com to find out about this awesome tournament.

Date: Saturday, July 20, 2013
 Location: Franklin County Parks & Recreation Disc Golf Course

MOVIES @ THE AMP

These free family movie nights are a great way to enjoy some time with your family. Concessions will be available and do not forget to bring your lawn chair and blanket. Visit www.franklincountyva.gov/parks for movie showings.

Ages: ALL
 Cost: FREE
 Dates: Saturday, August 31, 2013
 Saturday, September 21, 2013
 Time: Dusk
 Location: Smith Mountain Lake 4-H Center- Willard Amphitheatre

TRIPS

JAMES RIVER RAMBLER

Join us as we travel to Dillwyn, VA on Saturday, May 11, 2013 and ride the James River Rambler on a 3.5 hour roundtrip train ride to New Canton, VA. This train is a historic and nostalgic journey into rural Buckingham County. Experience the excitement of the bygone days of traveling by train from your seat in either the reclining seat coaches or open air sightseeing cars. Departing from picturesque Dillwyn Station, the vintage diesel powered train winds through the rolling hills and deep forests of an unspoiled landscape in the heart of Central Virginia. The train crosses the James River and stops for a photo opportunity at that time.

- Price Per Person:** \$99.00 per person.
Seats on the bus are assigned in order that payment is received.
- Price Includes:** Roundtrip motorcoach transportation, train ticket to ride the James River Rambler, a boxed lunch from the Roanoker and a tour host.
- Date:** Saturday, May 11, 2013
- Departure:** The bus will depart at 8:00am from Clearbrook Walmart, 8:30am from the Bonsack Walmart and 9:00am from the Bedford Welcome Center. Return time is around 9:00pm.
- Cancellation Policy:** The trip is based on a minimum amount of paid participants by April 11, 2013. If we should cancel the trip a full refund will be given. If you cancel prior to April 11 a refund less \$35 ticket penalty will be issued. After April 11, 2013 there will be no refunds.
- Reservations:** Send in completed registration form with a check made payable to Roanoke Tours Inc. and mail to FCPR at 2150 Sontag Road Rocky Mount, VA 24151. For further information call Ernie Dale, tour host, at 540-366-2888 or email erniedale@aol.com



MEMORIAL DAY WEEKEND IN NEW YORK CITY

Join us as we travel to New York City, Memorial Day Weekend, Saturday-Monday, May 25-27, 2013. Day 1 we will visit the 911 Memorial, South Street Seaport and see other attractions. Day 2 we visit the Empire State Building Observatory to see the city from a magnificent viewpoint. We will visit the Rockefeller Plaza. You can visit Saint Patrick's Cathedral, the NBC Store and see Radio City Music Hall. We visit Grand Central Terminal, Central Park and China Town. We spend the evening in Times Square. Day 3 we will take the ferry and travel by the Statue of Liberty on our way to Battery Park.

- Price Per Person:** \$399.00 Double \$389.00 Triple \$379.00 Quad \$499.00 Single.
Seats on the bus are assigned in order that payment is received.
- Price Includes:** Roundtrip motorcoach transportation, Hardee's biscuit and juice upon departure, 2 nights lodging (Holiday Inn, NJ), 2 full breakfasts at hotel, admission to Empire State Building Observatory, ferry ticket to cruise by the Statue of Liberty, transportation in NYC, visits to above attractions and a tour host.
- Dates:** Saturday-Monday, May 25-27, 2013
- Departure:** The bus will depart at 5:30am from Clearbrook Walmart and at 5:50am from the Bonsack Walmart. Return time is around 9:00pm on May 27th.
- Cancellation Policy:** The trip is based on a minimum amount of paid participants by April 25, 2013. If we should cancel the trip a full refund will be given. If you cancel prior to April 25 a refund less \$50 ticket penalty will be issued. After April 25, 2013 there will be no refunds.
- Reservations:** Send in completed registration form with a check made payable to Roanoke Tours Inc. and mail to FCPR at 2150 Sontag Road Rocky Mount, VA 24151. For further information call Ernie Dale, tour host, at 540-366-2888 or email erniedale@aol.com

TRAIN RIDE TO MANASSAS HERITAGE RAILWAY FESTIVAL

Join us on Saturday, June 1, 2013 as we travel to Manassas, VA for their 19th Annual Heritage Railway Festival. We will take the motorcoach from Roanoke to Lynchburg where we will catch the Amtrak train to Manassas. In Manassas you will connect with the rich railway history in Old Town Manassas and discover what unfolded here 150 years ago. Take a scenic train ride aboard the Virginia Railway Express, enjoy live performances and stroll through the model train displays and merchandise. Part of the nation's first military railroad, Manassas Junction played a role in both the battles of First and Second Manassas.

- Price Per Person:** \$129.00 per person.
Seats on the bus are assigned in order payment is received.
- Price Includes:** Roundtrip motorcoach transportation, Amtrak ticket from Lynchburg to Manassas, Manassas Heritage Railway Festival, Amtrak ticket from Manassas to Lynchburg and a tour host.
- Date:** Saturday, June 1, 2013
- Departure:** The bus will depart at 7:15am from the Clearbrook Walmart, 7:45am from the Bonsack Walmart and 8:10am from the Westgate Shopping Center in Bedford. Return time is 9:00pm.
- Cancellation Policy:** The trip is based on a minimum amount of paid participants by April 15, 2013. If we should cancel the trip a full refund will be given. If you cancel prior to April 15 a refund less \$25 will be issued. After April 15, 2013 there will be no refunds.
- Reservations:** Send in completed registration form with a check made payable to Roanoke Tours Inc. and mail to FCPR at 2150 Sontag Road Rocky Mount, VA 24151. For further information call Ernie Dale, tour host, at 540-366-2888 or email erniedale@aol.com

SONG OF THE MOUNTAINS

Join us on Saturday, June 22, 2013 as we travel to the Lincoln Theatre in Marion, VA for the first matinee of Song of the Mountains. This is an award winning PBS Television Series. The special event today is a fundraiser for Song of the Mountains. The Lincoln Theatre, of the Art deco age, is included in the National Register of Historic Places. Song of the Mountain showcases the best talents in Bluegrass and old time music, from the heart of the region where it all began. Performers on June 22 include: Phil Campbell- son of the late Archie Campbell. Phil appeared on Hee Haw and the Opry many times with his famous father. Others appearing include: Celtibilies- Appalachian Celtic Music, Michael Reno Harrell- excellent singer songwriter, James Smith- "autoharp man" from Alabama, Raymond McLain- bluegrass- performed with McLain Family for many years and with Jim and Jesse on the Grand Ole Opry, Donna Ulisse- gospel and Tim White- host of Song of the Mountains. Prior to the show the group will have dinner at Macado's in Marion (on your own).

- Price Per Person:** \$69.00 per person.
Seats on the bus are assigned in order that payment is received.
- Price Includes:** Roundtrip motorcoach transportation, ticket to Song of the Mountains and a tour host.
- Date:** Saturday June 22, 2013
- Departure:** The bus will depart 8:45am from the Rocky Mount Walmart.
- Cancellation Policy:** The trip is based on a minimum amount of paid participants by June 7, 2013. If we should cancel the trip a full refund will be given. If you cancel prior to June 7 a refund less \$30 ticket penalty will be issued. After June 7, 2012 there will be no refunds.
- Reservations:** Send in completed registration form with a check made payable to Roanoke Tours Inc. and mail to FCPR at 2150 Sontag Road Rocky Mount, VA 24151. For further information call Ernie Dale, tour host, at 540-366-2888 or email erniedale@aol.com

TANGIER ISLAND & VIRGINIA STATE CAPITOL

Join us on Saturday-Sunday, June 29-30, 2013 as we travel to Richmond and Tangier Island. Day 1 we travel to our state Capitol, Richmond, VA. You will have a guided tour of the renovated state capitol building. We will visit Monument Avenue and take you to see Virginia's Five-Star historic hotel, The Jefferson. During the evening you may relax or go with us to Short Pump Mall. Day 2 we travel to Reedville, VA for a relaxing 1.5 hour narrated cruise on the scenic Chesapeake Bay to remote Tangier Island. Tangier is a largely unspoiled fishing village with its quaint narrow streets. Although modernization has come to the island it has not lost its charm. The people of Tangier are warm, friendly and proud of their island. They speak with lingering trace of Elizabethan accent. You will enjoy a family style meal at the famous Chesapeake House and have an opportunity to walk around the island.

- Price Per Person:** \$259.00 Double \$254.00 Triple \$249.00 Quad \$299.00 Single.
Seats on the bus are assigned in order that payment is received.
- Price Includes:** Roundtrip motorcoach transportation, guided tour of state capitol, visit to the Jefferson Hotel, visit to Short Pump Mall, 1 nights lodging (Quality Inn, Richmond VA), breakfast at hotel, ticket for cruise to Tangier Island, an all inclusive family style meal at the famous Chesapeake House, sightseeing as listed and a tour host.
- Dates:** Saturday-Sunday, June 29-30, 2013
- Departure:** The bus will depart 7:00am from the Clearbrook Walmart, 7:30am from the Bonsack Walmart, 8:00am from the Bedford Visitor's Center and 8:35am from the Sheetz in New London. Return time is around 9:15pm on June 30th.
- Cancellation Policy:** The trip is based on a minimum amount of paid participants by June 7, 2013. If we should cancel the trip a full refund will be given. If you cancel prior to June 7 a refund less \$50 ticket penalty will be issued. After June 7, 2013 there will be no refunds.
- Reservations:** Send in completed registration form with a check made payable to Roanoke Tours Inc. and mail to FCPR at 2150 Sontag Road Rocky Mount, VA 24151. For further information call Ernie Dale, tour host, at 540-366-2888 or email erniedale@aol.com

FABULOUS 50'S AT WOHLFAHRT HAUS DINNER THEATRE

Join us on Thursday July 11, 2013 as we travel to this matinee in Wytheville, Virginia. Back by popular demand this show returns to the stage with Johnny and Susie and the rest of the gang. This glance at a simpler time features all the hits you remember as well as a "one-eyed, one-horned" special appearance. Grab your bobbi socks and poodle skirts and stroll down memory lane in this one of a kind show that captures the Fun and Feel of America. Prior to the matinee the group will feast on an all inclusive sit down plated meal.

- Price Per Person:** \$79.00
Seats on the bus are assigned in order that payment is received.
- Price Includes:** Roundtrip motorcoach transportation, an all inclusive sit down lunch, ticket to matinee and a tour host.
- Date:** Thursday, July 11, 2013
- Departure:** The bus will depart 9:00am from the Bonsack Walmart, 9:20am from the Clearbrook Walmart and 9:45am from the Salem Food Lion. Return time is around 6:00pm.
- Cancellation Policy:** The trip is based on a minimum amount of paid participants by June 25, 2013. If we should cancel the trip a full refund will be given. If you cancel prior to June 25 a refund less \$40 ticket penalty will be issued. After June 25, 2013 there will be no refunds.
- Reservations:** Send in completed registration form with a check made payable to Roanoke Tours Inc. and mail to FCPR at 2150 Sontag Road Rocky Mount, VA 24151. For further information call Ernie Dale, tour host, at 540-366-2888 or email erniedale@aol.com

SUMMER MYSTERY CRUISE-

Join us on Saturday, July 20, 2013 as we travel on our Summer Mystery Cruise. Are you ready? Today we will travel someplace we have never been. Will it be North, South, East or West- come with us and see. It will be a fun time for everyone. Lunch is included. We will take a riverboat that we haven't cruised on before. You will enjoy the scenery and the time spent with others.

- Price Per Person:** \$79.00
Seats on the bus are assigned in order that payment is received.
- Price Includes:** Roundtrip motorcoach transportation, an all inclusive lunch, cruise, admission to all attractions and a tour host.
- Date:** Saturday, July 20, 2013
- Departure:** The bus will depart 9:55am from the Rocky Mount Walmart.
- Cancellation Policy:** The trip is based on a minimum amount of paid participants by July 5, 2013. If we should cancel the trip a full refund will be given. If you cancel prior to July 5 a refund less \$25 will be issued. After July 5, 2013 there will be no refunds.
- Reservations:** Send in completed registration form with a check made payable to Roanoke Tours Inc. and mail to FCPR at 2150 Sontag Road Rocky Mount, VA 24151. For further information call Ernie Dale, tour host, at 540-366-2888 or email erniedale@aol.com

DOLLYWOOD

Join us on Friday-Saturday August 16-17, 2013 as we travel to Pigeon Forge, Tennessee. Day 1 we will visit the Three Bears General Store and other stops prior to going to Dollywood in the afternoon. Day 2 after breakfast we return to Dollywood and you will have a chance to see the shows that you didn't see on the first day. You will enjoy live bluegrass, Southern gospel, classic rock, 50's and country entertainment in the live stage shows. Southern cooking is an art form all it's own. Throughout the park you can choose from full service dining and fast food locations. Boasting more than 35 unique shopping locations this is a shopper's paradise.

- Price Per Person:** \$229.00 Double \$224.00 Triple \$219.00 Quad \$299.00 Single.
Seats on the bus are assigned in order that payment is received.
- Price Includes:** Roundtrip motorcoach transportation, admission to Dollywood, one nights lodging, breakfast at hotel and a tour host.
- Dates:** Friday-Saturday, August 16-17, 2013
- Departure:** The bus will depart 7:25am from the Rocky Mount Walmart.
- Cancellation Policy:** The trip is based on a minimum amount of paid participants by August 2, 2013. If we should cancel the trip a full refund will be given. If you cancel prior to August 2nd a refund less \$50 will be issued. After August 2, 2013 there will be no refunds.
- Reservations:** Send in completed registration form with a check made payable to Roanoke Tours Inc. and mail to FCPR at 2150 Sontag Road Rocky Mount, VA 24151. For further information call Ernie Dale, tour host, at 540-366-2888 or email erniedale@aol.com

MOTOWN LOVE MACHINGE AT BARN DINNER THEATRE

Join us on Sunday, August 18, 2013 as we travel to this matinee in Greensboro, North Carolina. Back by extreme demand, the high energy revue of classic Motown & Soul! Join us as we pay tribute to Marvin Gaye, Diana Ross and the Supremes, Gladys Knight and the Pips, The Four Tops, Smokey Robinson and more. This is a box office record breaking show. Prior to the show you will enjoy a delicious buffet of assorted salads, baked chicken, roast beef, honey glazed ham, a variety of hot dishes and desserts.

- Price Per Person:** \$79.00
Seats on the bus are assigned in order that payment is received.
- Price Includes:** Roundtrip motorcoach transportation, an all inclusive buffet meal, matinee ticket to show and a tour host.
- Date:** Sunday, August 18, 2013
- Departure:** The bus will depart 9:45am from the Rocky Mount Food Lion.
- Cancellation Policy:** The trip is based on a minimum amount of paid participants by July 28, 2013. If we should cancel the trip a full refund will be given. If you cancel prior to July 28th a refund less \$35 will be issued. After July 28, 2013 there will be no refunds.
- Reservations:** Send in completed registration form with a check made payable to Roanoke Tours Inc. and mail to FCPR at 2150 Sontag Road Rocky Mount, VA 24151. For further information call Ernie Dale, tour host, at 540-366-2888 or email erniedale@aol.com

WASHINGTON D.C. TRAIN- POTOMAC RIVERBOAT CRUISE- NATIONAL ZOO- SMITHSONIANS-MONUMENTS & MEMORIALS

Join us on Saturday-Sunday, August 24-25, 2013 as we travel to our nations capitol, Washington D.C. Day 1 the group will travel from Roanoke to Lynchburg by motorcoach. In Lynchburg you will board an Amtrak for a scenic excursion. The train goes through Charlottesville, Culpeper, Manassas and Alexandria. It crosses the Potomac River and arrives at Union Station where you can eat lunch and visit the shops. After lunch you will board the bus and to the 163 acre National Zoo. During the evening the group will visit the Roosevelt Memorial, the World War II Memorial, the new Martin Luther King Memorial and the Airforce Memorial. Day 2 you will visit the Smithsonian Museums of your choice during the morning. In the afternoon we travel to Georgetown to board the Riverboat and cruise the Potomac River past Washington D.C. landmarks and monuments. We arrive in Alexandria.

- Price Per Person:** \$259.00 Double \$254.00 Triple \$249.00 Quad \$299.00 Single.
Seats on the bus are assigned in order that payment is received.
- Price Includes:** Roundtrip motorcoach transportation, ticket on Amtrak from Lynchburg to Washington D.C., 1 nights lodging (Comfort Suites, Springfield, VA), breakfast at hotel, ticket for Potomac River Cruise, sightseeing as listed and a tour host.
- Dates:** Saturday-Sunday, August 24-25, 2013
- Departure:** The bus will depart 7:15am from the Clearbrook Walmart, 7:45am from the Bonsack Walmart, 8:15am from the Bedford Visitor's Center and at 8:35am from the Sheetz in New London. Return time is 9:15pm on August 25th.
- Cancellation Policy:** The trip is based on a minimum amount of paid participants by July 7, 2013. If we should cancel the trip a full refund will be given. If you cancel prior to July 7 a refund less \$50 ticket penalty will be issued. After July 7, 2013 there will be no refunds.
- Reservations:** Send in completed registration form with a check made payable to Roanoke Tours Inc. and mail to FCPR at 2150 Sontag Road Rocky Mount, VA 24151. For further information call Ernie Dale, tour host, at 540-366-2888 or email erniedale@aol.com

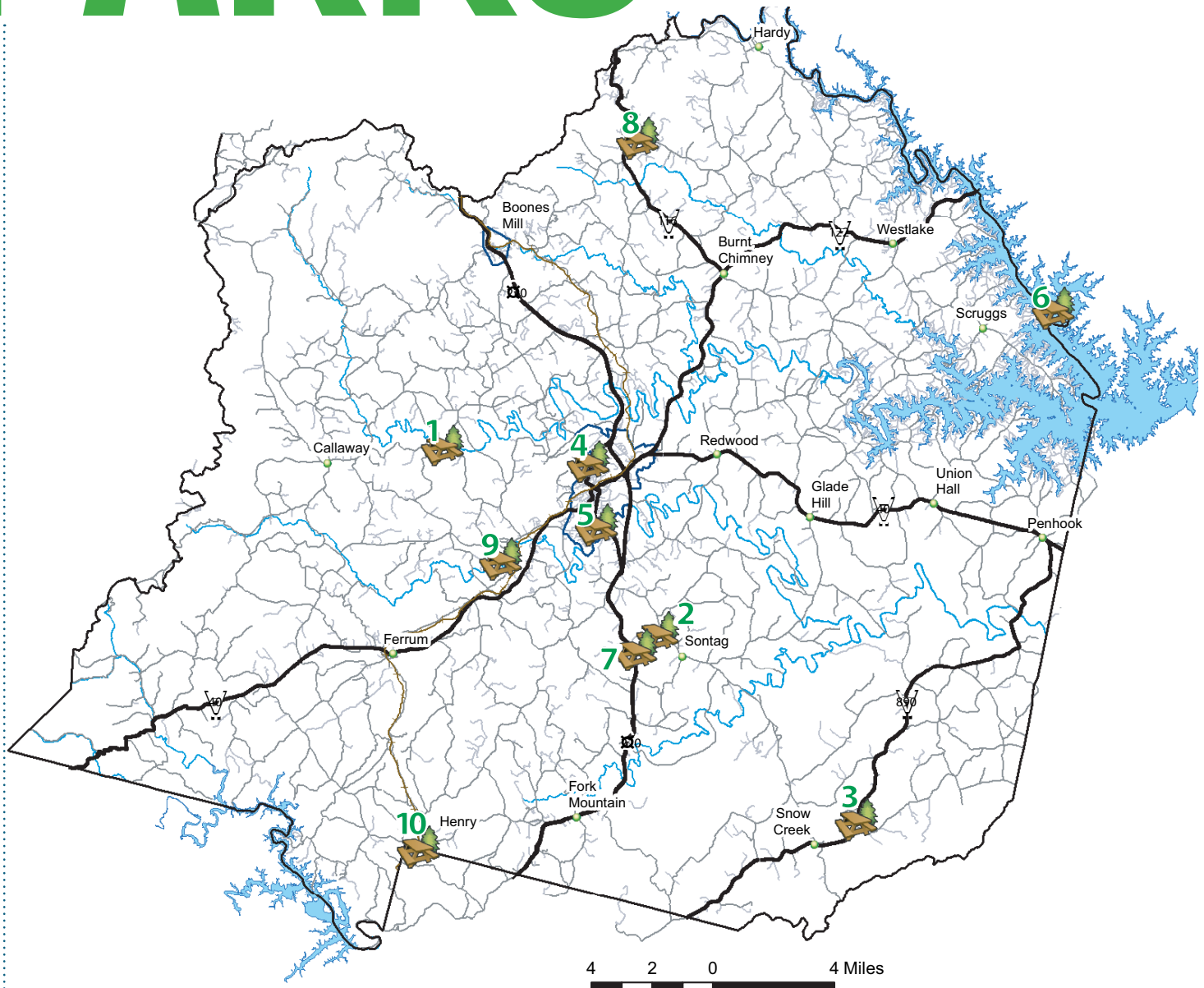
MYRTLE BEACH IN SEPTEMBER



Join us on Friday-Sunday, September 27-29, 2013 as we travel to Myrtle Beach, S.C. Day 1 after checking into our ocean view rooms you will have some time to enjoy the beach and have dinner at the Chesapeake House (seafood). Day 2 you can stay in, enjoy downtown Myrtle Beach, enjoy walking on the beach or go shopping at Tanger Outlets. This evening we will do a backstage tour at Alabama Theatre. You will see all of the inner workings of a theatre, costumes, dressing rooms, stage mechanisms and talk with the production crew. After dinner we attend the Multi-Million Dollar Blockbuster, One, The New Show. This mega hit is a Gaylord Entertainment Production. After the show the emcee and host of the show will spend some time with the group. Day 3 you will have the opportunity to visit another Tanger Outlet before heading home.

- Price Per Person:** \$299.00 Double \$294.00 Triple \$289.00 Quad \$359.00 Single.
Seats on the bus are assigned in order that payment is received.
- Price Includes:** Roundtrip motorcoach transportation, admission to Alabama Theatre backstage tour, admission to One (the show at Alabama Theatre), a performers meet and greet, one dinner at Chesapeake House, two night's lodging (Ocean View Rooms) and a tour host.
- Dates:** Friday-Sunday, September 27-29, 2013
- Departure:** The bus will depart 7:45am from the Rocky Mount Walmart.
- Cancellation Policy:** The trip is based on a minimum amount of paid participants by September 5, 2013. If we should cancel the trip a full refund will be given. If you cancel prior to September 5, 2013 a refund less \$50 will be issued. After September 5, 2013 there will be no refunds.
- Reservations:** Send in completed registration form with a check made payable to Roanoke Tours Inc. and mail to FCPR at 2150 Sontag Road Rocky Mount, VA 24151. For further information call Ernie Dale, tour host, at 540-366-2888 or email erniedale@aol.com

PARKS



FRANKLIN COUNTY
PARKS & RECREATION

PARK #	PARK NAME
1	Brubaker Park
2	Franklin County Recreation Department
3	Snow Creek Community Park
4	Rocky Mount Rotary Skate Park
5	Lynch Park
6	Smith Mountain Lake Community Park
7	LARC Field
8	Winday Gap Community Park
9	Waid Park
10	King Park at Henry Village



Franklin County Parks & Recreation Registration Form

2150 Sontag Road Rocky Mount, VA 24151

540-483-9293 office 540-483-0040 fax

REGISTER ONLINE AT: www.franklincountyva.gov/parks



SPORT OR CLASS YOU ARE REGISTERING FOR: _____

Child's Name: (First) _____ (Middle) _____ (Last) _____

Child's Address: _____ City: _____ Zip: _____

Date of Birth: _____ Age as of cutoff date (varies per sport): _____

Email Address of Guardian: _____ Child's Gender (please circle) M or F

Primary Phone: _____ Cell Phone _____

Please circle the elementary school district in which your child lives or the school your child attends.

Boones Mill Burnt Chimney Callaway Dudley Ferrum Glade Hill Henry Lee Waid Rocky Mount Snow Creek Sontag Windy Gap

Fees must be paid in order to secure a slot in any fee based program!

Second Choice of Elementary School District if home district is not available: _____

Would you be willing to volunteer to coach? Yes or No Name: _____ Phone # _____

*Parents are urged to call PRIOR to the registration deadline to verify that your child's registration form has been received by the Recreation Department. Late registration forms will be collected, only with the \$15 late fee accompanying the form, and your child will be placed on a team if the child can be accommodated. If your child is placed on a team the \$15 fee is non-refundable.

Liability Waiver Form

I, (participant's name) _____, wish to participate in this 2013 program sponsored by the Franklin County Parks and Recreation. Both myself and my parents/guardians understand the importance of following all rules and regulations relating to this activity, including the instructions of the person/ persons supervising this activity and/or the requirements of the person or entity responsible for the area where the activity takes place. We both agree to follow and comply with all such rules, regulations, instructions, and/or requirements. Both myself and my parents/guardians understand that it is important that I be in good physical condition when I engage in this activity, and understand that it is our responsibility to maintain an activity level that is compatible with my physical condition and skill level. We hereby expressly assume the risk of any physical injury or other loss that I might sustain as a result of my participation in this activity and any transportation related thereto. We further understand that there may be risk of injury traveling to and from the area where the activity will take place. We further expressly waive and covenant not to sue on any claim we might have against the County of Franklin, any officer, any employee of these organizations, any volunteer, or the estate or representative of such persons for any personal injury or loss that I might sustain as a result of engaging in any activity relating to this program whether caused by negligence, breach of contract, or otherwise; except that this waiver shall not apply to any claim we might have against the County, of any such personal injury or loss I might sustain arising out of the gross or wanton negligence of any such persons or entity. **I understand that I am solely responsible for my child's prompt transportation to and from games and practices. I also understand that special requests for a specific team cannot be considered.** In order to participate the child must be home schooled, attending private or public school, or an of age graduate. I also give permission for my child to be photographed and used in any form of publication to promote Franklin County Parks and Recreation. **I am also aware that these photos may be placed on the Franklin County Parks and Recreation website.**

Signature of Parent/Guardian: _____ Date: _____

Printed Name of Parent/Guardian: _____

Emergency Contact Name: _____ Phone #: _____

It is your responsibility to alert your coach or class instructor if you have any physical impairments or physical conditions.

Parent's Code of Ethics

I hereby pledge to provide positive support, care, and encouragement for my child participating in youth sports by adhering to this Parent's Code of Ethics Pledge.

- ◇ I will encourage good sportsmanship by demonstrating positive support for all players, coaches and officials at every game, practice or other youth sporting events.
- ◇ I will place the emotional and physical well being of my child ahead of a personal desire to win.
- ◇ I will insist that my child play in a safe and healthy environment.
- ◇ I will support coaches and officials working with my child in order to encourage a positive and enjoyable experience for all.
- ◇ I will demand a sports environment for my child that is free of drugs, tobacco, and alcohol, and will refrain from their use at all youth sporting events.
- ◇ I will remember that the game is for youth and not for adults.
- ◇ I will do my very best to make youth sports fun for my child.
- ◇ I will ask my child to treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability.
- ◇ I promise to help my child enjoy the youth sports experience by doing whatever I can, such as being a respectful fan, assisting with coaching and providing transportation.

Parent/Guardian Signature

Parent/Guardian Signature

Date

(PLEDGE FROM NATIONAL YOUTH SPORTS COACHES ASSOCIATION)



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